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Denis Goldberg House of Hope Newsletter no. 19 February 2023

UPCOMING FUNDRAISING EVENT



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5

SUNDAY

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PM

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LOTS AND LOTS OF PROGRAMMES

We expanded our offering in the recent December-January school holiday period. In addition to our usual three-day programme for children 9-12 years, we had a separate outing to Norval Foundation for primary school learners, and a one-day games-and-circus programme for high school learners. And in the last week of the December term, the high school learners from our Hout Bay Hoppers reading-plus programme visited Cape Town Castle.

THANKS

We are very grateful to the Afterschool programme of the provincial Department of Cultural Affairs and Sport for providing funding for three of the programmes, to Cape Town Castle for the free entry and special tour, and to Norval Foundation for organising the activities and covering the costs of that outing. We thank Snoekies for the discounted fish-and-chips meals, Dario's for the fruit, and Massimo's for a yummy pasta lunch.

Only one of the 18 learners who visited the **Castle** had been there before. Our outing included the standard guided tour. We also enjoyed a special tour, led by Sonwabile Maxebengula, who took us around the exhibition of local history and the Third World in World War Two exhibition. The latter is a project for which Denis coordinated the South African section. The exhibition is now permanently housed at the Castle.



Outing to Cape Town Castle

Nineteen participants in our weekly circus skills and music sessions joined us on the **Norval outing**. The excursion, described by Norval as a “picnic”,

centred around six large abstract artworks in the Sculpture Garden. Mark Swart's *Voyage*, with its distorting mirrors, was definitely the favourite! After exploring the sculptures, the children sheltered from the wind and sun in a large tent, where they enjoyed a snack-pack. They then produced drawings related to what they had seen.

There was great excitement when we found a colourful chameleon on the bridge on the way back to the bus – a wonderful living work of art!

We chose animals as the main theme of the **three-day programme**. The jam-packed programme included at least one craft activity each day, as well as movement, games, and more. The children made their first creations after watching a video of Chris van Wyk's enchanting "Mr Hare meets Mr Mandela". Thanks are due to Anything Goes for donating the socks used to make the Mr Hares. The Mr Mandela's stood stiffly upright on sucker sticks, while the children transformed toilet roll inners into a range of other colourful animals. To round off this activity, the children took turns to perform the story on our cardboard, curtained stage.

The children were delighted to see the isiXhosa version of the book in our small, but growing, library. This sparked interest in books and reading more generally and on the last day of the programme twelve children became our first borrowers.



Three Day Holiday Programme

The **one-day programme for high school learners** focused on having fun in the last week before schools re-opened! The morning session was devoted to playing a variety of games – Monopoly, Bingo, rummy, draughts, chess, Uno, and kicking a ball around. Some of the games were old favourites,

but each participant learnt some new games.

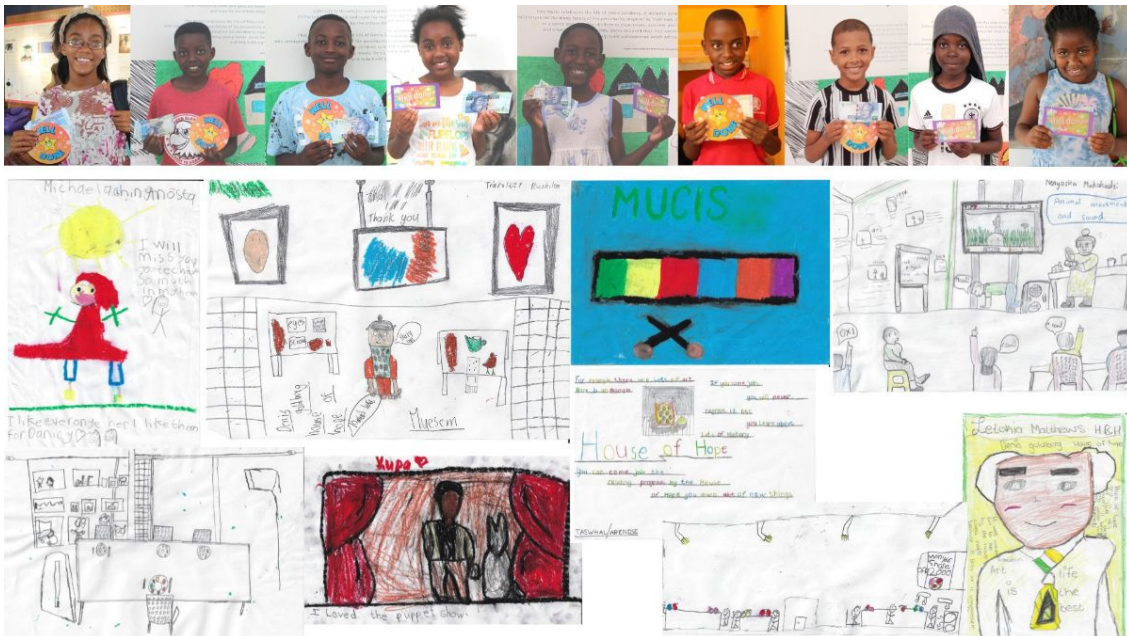
After a fish-and-chips lunch, Siyabonga “Bob” Swelindawo facilitated an afternoon of circus skills. One of the learners had previously been on one of our outings to Zip-Zap. The others were new to circus skills but keen to learn. The circus skills learnt included basic juggling, acrobatics, mini-trampoline, and pyramids. The learners made their own juggling balls from old socks (thanks, again, Anything Goes!), rice and balloons.

Big thanks to Kronendal Primary and Lionel Chanarin for the loan of equipment for both this and our regular circus skills sessions.

WHAT WE LIKE ABOUT THE DG HOUSE OF HOPE

Towards the end of 2022 we held an art competition for which Karlind Govender sponsored prizes. Entry was open to all child and youth participants in our programmes. The task was to draw – or make a collage – depicting something they enjoyed and liked about the DGHOH.

Congratulations to our winners – Taswal Arendse, Letokia Mathews, Cody Vlotman, Vivianna Sibanda, Tinenyasha Maroveke, Kupakwashe Tawuro, Marlon Masango, Michaela Chinyamutsotsonya, and Tiany Dube.



ART WITH HANGBERG DREAMERS

In October last year we organised an art session for Hangberg Dreams, a Hout Bay organisation that supports youth recovering from substance abuse. The participants were young men living in their communal residence, Hangberg Horizons.

A week after what we thought was a one-off session, the youth returned. They requested that we do more sessions with them. Of course we responded to their enthusiasm. We now spend two hours every second Thursday morning exploring different types of art-making, art appreciation and more.

We will also soon be re-starting our art-based sessions with the Waves for Change coaches. Both these groups have their sessions in the morning, while younger children are in school.



LIVE-STREAMING SUMMER SCHOOL LECTURES

During January we had two of the University of Cape Town's Summer School lectures live-streamed to the House of Hope. The first was Tim Jenkins on his ingenious 1979 escape from Pretoria prison, together with Stephen Lee and Alex Moumbaris. The second was Jenny Day on the history of water provision in Cape Town – a story in which we found Hout Bay featured quite prominently. Please let us know if you would like to see and hear either or both of the two talks as we can organise further screenings if there is enough interest.

VIELEN DANK TO COMMUNITY HEART e.V

Thank you once AGAIN to Community Heart e.V. and our German supporters who channel funds through them. The donations you made over the Christmas-New Year period were a lovely contribution at the start of our first full year in our own building.

Most of this newsletter describes activities that happened during holidays. The newsletter also highlights different ways in which a range of different people and organisations have assisted us. With the 2023 school year now in full steam, we now have our regular term-time programmes running. These, too, need support. We hope that YOU will contribute!

South African tax-payers - the tax year ends on 28 February, so act quickly to take advantage of the tax deduction!

WE NEED ANY SUPPORT YOU CAN GIVE

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